

# HEROES HAVE ADVENTURES

## Moses Gets Food from Heaven

### LESSON POINTS

#### Bible Story: Food from Heaven

#### Exodus 16

- While the Israelites were traveling, they complained because they didn't have any food.
- God told Moses that He would rain bread, called manna, from heaven.
- Everyday the Israelites were to gather just enough bread to feed them for one day.
- At night God would send meat.
- This is the way God fed the children of Israel for forty years while they were in the wilderness.

### DISCUSSION QUESTIONS

1. When the Israelites traveled, they became hungry. What did they start complaining about?
2. God provided food for the Israelites. What kinds of food did he send them?
3. When did God send the food for the Israelites? How did He send it to them?
4. How long did the Israelites get their food this way?
5. Tell about a time when God has taken care of you when you needed something.

### MINISTRY IDEA

Have children pray out loud and thank God for the things that He has provided for them.

### DRAMA SCRIPT 77

Flossie and Chloe are camping and wanting s'mores. Chloe tells the story of God sending manna to the Israelites in the wilderness.

### ACTIVITY IDEAS

#### Manna

Serve children a snack that resembles manna. Let each child have a piece of pita bread or toast. Talk with children about how this was similar to what the Israelites ate in the wilderness.

#### Quail

Let each child have a paper plate for the body of their quail and have them glue on a brown circle at the top for a head. Let them use crayons to decorate the body for their quail and draw on a face and beak. Next, let them glue feathers to the sides of the paper plate and top of the head for wings and feathers.

### OBJECTIVE

Children will learn how Moses had many adventures with God. Moses' life was never boring. God always had Moses helping Him do something exciting.

### APPLICATION

Through learning how Moses had adventures with God, children see that life with God is never boring but exciting and fun.

### MEMORY VERSE

Shout to the Lord, all the earth. Serve the Lord with joy; come before Him with singing.  
Psalm 100:1-2