

A Strong and Courageous Generation

Joshua 1

Fear

“FEAR is an emotion induced by a perceived threat which causes a change in brain and organ function and ultimately a change in behavior, such as attacking, running away, hiding or freezing.”

Joshua 1:5-9

- 5 “As I was with Moses, so I will be with you; I will never leave you nor forsake you. 6 Be strong and courageous, because you will lead these people to inherit the land I swore to their forefathers to give them. 7 Be strong and very courageous. Be careful to obey all the law my servant Moses gave you; do not turn from it to the right or to the left, that you may be successful wherever you go. 8 Do not let this Book of the Law depart from your mouth; meditate on it day and night, so that you may be careful to do everything written in it. Then you will be prosperous and successful. 9 Have I not commanded you? Be strong and courageous. Do not be terrified; do not be discouraged, for the Lord your God will be with you wherever you go.”

Joshua's Theme

Deuteronomy 31:7,8 - Moses to Joshua

7 Then Moses summoned Joshua and said to him in the presence of all Israel, "Be strong and courageous, for you must go with this people into the land that the Lord swore to their forefathers to give them, and you must divide it among them as their inheritance. 8 The Lord himself goes before you and will be with you; he will never leave you nor forsake you. Do not be afraid; do not be discouraged."

Joshua 1:16-17 - The Israelites to Joshua 16 Then they answered Joshua, "Whatever you have commanded us we will do, and wherever you send us we will go. 17 Just as we fully obeyed Moses, so we will obey you. Only may the Lord your God be with you as he was with Moses. 18 Whoever rebels against your word and does not obey your words, whatever you may command them, will be put to death. Only be strong and courageous!"

3 TRUTHS ABOUT FEAR

1. Fear forces a response

2. Fear reveals what you trust

- Proverbs 9:10

“The fear of the Lord is the beginning of wisdom, and knowledge of the Holy One is understanding.”

3. Fear is not fact

- **“Fear masks BONDAGE in FALSE SECURITY leading us to believe its PRISON is our PROTECTION”**

Keys to Living a Strong & Courageous Life

1. Recognize your fear responses

2. Choose to be STRONG

2 Timothy 1:5-7

5 I have been reminded of your sincere faith, which first lived in your grandmother Lois and in your mother Eunice and, I am persuaded, now lives in you also. 6 For this reason I remind you to fan into flame the gift of God, which is in you through the laying on of my hands. 7 For God did not give us a spirit.

3. Choose to be COURAGEOUS