

## OVERCOMING SICKNESS

Jimmy Evans

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### Isaiah 53:3-5

He is despised and rejected by men, a Man of sorrows and acquainted with grief. And we hid, as it were, our faces from Him; He was despised, and we did not esteem Him. Surely He has borne our griefs and carried our sorrows; Yet we esteemed Him stricken, Smitten by God, and afflicted. But He was wounded for our transgressions, He was bruised for our iniquities; The chastisement for our peace was upon Him, And by His stripes we are healed.

### THE SEVENFOLD EXCHANGE OF THE CROSS

#### Galatians 3:13-14

Christ has redeemed us from the curse of the law, having become a curse for us (for it is written, "Cursed is everyone who hangs on a tree"), 14 that the blessing of Abraham might come upon the Gentiles in Christ Jesus, that we might receive the promise of the Spirit through faith.

#### Genesis 24:1

Now Abraham was old, well advanced in age; and the LORD had blessed Abraham in all things.

### THE CROSS WAS A CURSE-FOR-BLESSING

#### Death for Life

1. Sickness for Health
2. Rejection for Acceptance
3. Poverty for Prosperity (peace = shalom)
4. Defeat for Victory
5. Bondage for Freedom
6. Punishment for Peace

We must know & remember these things because they are our birthright in Christ!

IN THIS MESSAGE WE WILL LOOK SPECIFICALLY AT THE ISSUE OF HEALING AND HOW TO OVERCOME SICKNESS AND DISEASE IN OUR LIVES:

**Isaiah 53:5**

“By His stripes we ARE healed...”

ESTABLISHING A SCRIPTURAL FOUNDATION FOR HEALING TODAY

**John 14:12-14**

“Most assuredly, I say to you, he who believes in Me, the works that I do he will do also; and greater works than these he will do, because I go to My Father. <sup>13</sup>“And whatever you ask in My name, that I will do, that the Father may be glorified in the Son. <sup>14</sup>“If you ask anything in My name, I will do it.”

**1 Corinthians 12:7-9**

“But the manifestation of the Spirit is given to each one for the profit of all: 8 for to one is given the word of wisdom through the Spirit, to another the word of knowledge through the same Spirit, 9 to another faith by the same Spirit, to another gifts of healings by the same Spirit,...”

**Mark 16:17-18**

“And these signs will follow those who believe: In My name they will cast out demons; they will speak with new tongues; <sup>18</sup>“they will take up serpents; and if they drink anything deadly, it will by no means hurt them; they will lay hands on the sick, and they will recover.”

## THEN WHY ISN'T EVERYONE HEALED?

Doesn't the Bible say Jesus healed everyone?

### **Matthew 12:15**

"And great multitudes followed Him, and He healed them all."

Actually, Jesus didn't heal everyone and those who were healed by Him were healed in different ways:

### **Mark 6:5-6a - (Concerning Nazareth)**

Now He could do no mighty work there, except that He laid His hands on a few sick people and healed them. 6 And He marveled because of their unbelief.

## UNDERSTANDING HOW GOD HEALS BY REALIZING THE DIFFERENT REASONS PEOPLE ARE SICK

### THE SIX MAJOR REASONS FOR SICKNESS

#### **#1: Poor diet and lifestyle**

Poor diet, sugar, refined foods, stress - all greatly increase our risk of illness.

STRESS = #1 reason for doctors visits. God didn't design us to live under stress & will not give us grace to live under it for long. (Me)

#### **#2: Genetics / Generational curses**

In all of our lives, we have pre-disposed tendencies genetically. However, some of these go deeper than genes, they go back to our ancestors and sins that introduced generational curses upon us.

**Deuteronomy 5:7-10**

“You shall have no other gods before Me. 8 “You shall not make for yourself a carved image—any likeness of anything that is in heaven above, or that is in the earth beneath, or that is in the water under the earth; 9 you shall not bow down to them nor serve them. For I, the LORD your God, am a jealous God, visiting the iniquity of the fathers upon the children to the third and fourth generations of those who hate Me, 10 but showing mercy to thousands, to those who love Me and keep My commandments.

**#3: Demonic strongholds / A spirit of infirmity****Luke 13:10-16**

Now He was teaching in one of the synagogues on the Sabbath. 11 And behold, there was a woman who had a spirit of infirmity eighteen years, and was bent over and could in no way raise herself up. 12 But when Jesus saw her, He called her to Him and said to her, “Woman, you are loosed from your infirmity.” 13 And He laid His hands on her, and immediately she was made straight, and glorified God. 14 But the ruler of the synagogue answered with indignation, because Jesus had healed on the Sabbath; and he said to the crowd, “There are six days on which men ought to work; therefore come and be healed on them, and not on the Sabbath day.” 15 The Lord then answered him and said, “Hypocrite! Does not each one of you on the Sabbath loose his ox or donkey from the stall, and lead it away to water it? 16 So ought not this woman, being a daughter of Abraham, whom Satan has bound—think of it—for eighteen years, be loosed from this bond on the Sabbath?”

## Sin / Lack of spiritual connection and covering

### John 5:5-14

Now a certain man was there who had an infirmity thirty-eight years. 6 When Jesus saw him lying there, and knew that he already had been in that condition a long time, He said to him, "Do you want to be made well?" 7 The sick man answered Him, "Sir, I have no man to put me into the pool when the water is stirred up; but while I am coming, another steps down before me." 8 Jesus said to him, "Rise, take up your bed and walk." 9 And immediately the man was made well, took up his bed, and walked. And that day was the Sabbath. 10 The Jews therefore said to him who was cured, "It is the Sabbath; it is not lawful for you to carry your bed." 11 He answered them, "He who made me well said to me, 'Take up your bed and walk.' " 5:12 Then they asked him, "Who is the Man who said to you, 'Take up your bed and walk'?" 13 But the one who was healed did not know who it was, for Jesus had withdrawn, a multitude being in that place. 14 Afterward Jesus found him in the temple, and said to him, "See, you have been made well. Sin no more, lest a worse thing come upon you."

### Luke 6:35-38

But love your enemies, do good, and lend, hoping for nothing in return; and your reward will be great, and you will be sons of the Most High. For He is kind to the unthankful and evil. <sup>36</sup> Therefore be merciful, just as your Father also is merciful. <sup>37</sup> "Judge not, and you shall not be judged. Condemn not, and you shall not be condemned. Forgive, and you will be forgiven. <sup>38</sup> Give, and it will be given to you: good measure, pressed down, shaken together, and running over will be put into your bosom. For with the same measure that you use, it will be measured back to you."

#### #4: Unto the glory of God -

##### John 9:1-3

Now as Jesus passed by, He saw a man who was blind from birth. 2 And His disciples asked Him, saying, "Rabbi, who sinned, this man or his parents, that he was born blind?" 3 Jesus answered, "Neither this man nor his parents sinned, but that the works of God should be revealed in him.

*Sometimes there is no other reason for sickness than to allow God to reveal Himself in a personal and powerful way to a person or a group of people.*

#### #5: Unto death - God doesn't view death as we do.

##### Psalm 116:15

Precious in the sight of the LORD is the death of His saints.

BECAUSE THERE ARE DIFFERENT REASONS FOR SICKNESS, WE MUST SEEK THE LORD AND ASK HIM FOR DIRECTION. SOMETIMES THERE IS MORE THAN ONE REASON FOR WHAT WE ARE DEALING WITH. IT TAKES SEEKING GOD AND FOLLOWING HIM.

#### UNDERSTANDING HOW GOD HEALS

Define: Healing vs. miracle - Process vs. Instant

1. Proper diet, exercise and lifestyle.
2. Forgiveness, walking in grace.
3. Through spiritual covering and connection to the Body of Christ.

## 1 Corinthians 12 - "gifts of healings"

### James 5:14-16

Is anyone among you sick? Let him call for the elders of the church, and let them pray over him, anointing him with oil in the name of the Lord. 15 And the prayer of faith will save the sick, and the Lord will raise him up. And if he has committed sins, he will be forgiven. 16 Confess your trespasses to one another, and pray for one another, that you may be healed. The effective, fervent prayer of a righteous man avails much.

4. Doctors and medicine - Many times doctors, chiropractors, therapists and medicine are God healing us through the gifts and talents of others.

IT ISN'T THE ONLY WAY HE HEALS -  
BUT IT IS ONE OF THE MAIN WAYS  
HE HEALS.

5. Through prayer, meditation upon the Word and confession -

**Luke 18** - The widow & the unjust judge.

### Psalm 107:20

You sent Your word and healed them and delivered them from their destructions.

PRAY & CONFESS THE WORD OVER YOUR BODY

### Mark 11:23-24

Speak to the mountain by faith. Believe in prayer as you confess and it will happen.

#6: By taking authority over the devil.

### **Luke 10:19**

Behold, I give you the authority to trample on serpents and scorpions, and over all the power of the enemy, and nothing shall by any means hurt you.

DON'T ACCEPT SICKNESS AND DISEASE - FIGHT IT BY FAITH AND CLAIM YOUR BIRTHRIGHT AS A BLOOD BOUGHT CHILD OF GOD.

## **UNDERSTANDING WHY GOD HEALS**

### **Matthew 14:14**

And when Jesus went out He saw a great multitude; and He was moved with compassion for them, and healed their sick.

- a.) We are God's children and He loves us more than any earthly father has ever loved his children. And what earthly father wouldn't want his child healthy and happy?
- b.) Jesus experienced more sickness than any person in human history. He knows the torment and misery of it and doesn't want anyone to have to endure the curse of it.

JESUS BORE OUR SICKNESSES SO WE DON'T HAVE TO - HIS SACRIFICE ON THE CROSS DEFEATED THE DEVIL, PAID FOR OUR SINS AND REMOVED THE CURSE OF SIN FROM US.